



Community Partners Family Support Newsletter

Issue No. 108, June 2024

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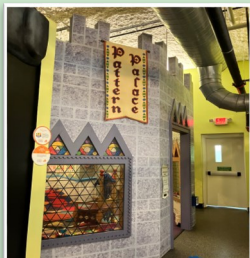
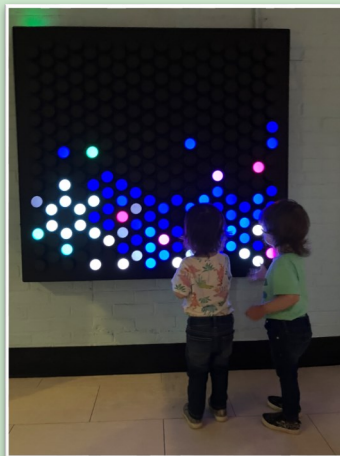
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Children's Museum event

This was our first event at the Children's Museum of New Hampshire in Dover and what a fun time!

137 people attended for this fun afternoon family event. If you were not able to attend, a friendly reminder that we have passes for your family to use at the Children's Museum of New Hampshire.

Please call your Service Coordinator for some passes.

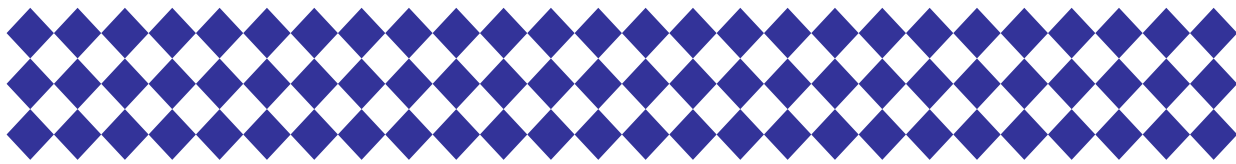


Family Support Community Forum



Find us on
Facebook

We promote respect, wellness, full inclusion, and empowerment of the Individuals we serve and their families. The purpose of this group is to provide a safe opportunity for parents, whose children are eligible for Family Support services at Community Partners, to support and encourage each other. If you have any questions please connect with Paula Fraser at (603)516-9509



Thank you for your help!

In March Family Support organized a mini food drive. The team worked with Market Basket in Lee for a food order. Individuals from the Crosby Community Office helped Family Support staff organize the food into 80 bags. The CCO team distributed the bags in groups of ten to Family Support, Early Supports & Services, IHS/PDMS, Case Management and the four day programs. Funding from the Lend a Helping Can/radio station donations supported this initiative.



Thank You!!


In Home Supports

In Home Supports (IHS) is a Medicaid Waivered program available to eligible individuals with a developmental disability ages 3-21 years old who live at home with their families and require extensive supports to live at home. In addition to the need for respite, families and individuals need more support at home as well as involvement in the community to sustain a higher quality of life.

This waived program is managed by a Family Representative and provides funding opportunities for community integration, personal care support in and outside of the home, assistance with environmental modifications, assistive technology, and much more.

Our program works closely to meet the needs of families and individuals, while also staying within state and program regulations. To be found eligible for this program, the individual receiving services must live at home and receive Medicaid. For more information, you can reach out to the Supervisor of Consolidated Services, Hannah Woodman at HWoodman@communitypartnersnh.org or your Family Support coordinator.



Sensory Free Options

- ⇒ *Walmart; sensory-friendly hours from 8 a.m. to 10 a.m. every day in all stores across the U.S. During these hours, the televisions on the walls showcase a static image, the radio is turned off, and the lights are dimmed.*
- ⇒ *Dover Children's Museum; childrens-museum.org/things-to-do/programs/autism*
 - ⇒ *Check your local movie theater for sensory free showings*
 - ⇒ *Chuck E. Cheese; chuckecheese.com/sensory-sensitive-sundays*
 - ⇒ *Atlantic Gym; atlanticgym.com/adaptive-movement*
 - ⇒ *Sensory Seekers; sensoryseekers.org*
- ⇒ *Story Land Sensory Free weekend: September 14 & 15, 2024*
storylandnh.com/prepare-your-visit/relevant-information/accessibility



Healthcare Coordination Spotlight On Our Scouts!!

Luke Dimke achieved Scout's highest award, becoming an Eagle Scout! Below is a picture of his Eagle Scout project which was building a stage and cleaning a trail behind the Early Childhood Learning Center in Barrington.



The Farr family has also been busy earning Scouting Badges!

Alexander (shown on right) and his younger brother Zachary are both working towards their Eagle Scout status. Shown here, they are displaying the latest in their earned merit badges. Each badge is earned after demonstrating skills in a certain area. According to Alexander, the badges shown here are "collections, first aid, art and personal management."

Alexander is also demonstrating his star rank which is only two ranks away from Eagle Scout rank.

According to the organization's website, "The Boy Scouts of America will rebrand to **Scouting America**, reflecting the organization's ongoing commitment to welcome every youth and family in America to experience the benefits of Scouting. The change will go into effect on February 8, 2025."



Want to be featured in our HCC spotlight?
Contact Caroline Harris at charris@communitypartnersnh.org

Transition Corner

The Rochester School District, in partnership with The NH Transition Community of Practice and Community Partners, hosted a local Transition Fair in Rochester NH.

The event took place at Frisbie Memorial Hospital Conference Center on May 4, 2024.



Vendors from numerous service entities provided essential information for young adults with developmental disabilities or mental health concerns who are also within transition age (14-22). Educational, mental health, vocational, recreational and legal resources were made available.

It was an enjoyable experience for all as our Area Agency provided guidance and direction to our clients and families. NH Vocational Rehabilitation, Project SEARCH, Servicelink, COAST, NH Family Voices, NAMI NH and Northeast Passage were just a few of the dedicated organizations present at the event. About 18 families joined us on that day, and approximately 50 total participants impacted our young adults in a positive way!

We look forward to seeing you at the next Transition Fair event at Dover High School on September 28, 2024.



Please be on the lookout for our Save-the-Date!

SAVE THE DATE



Early Supports & Services Touch a Truck event

Early Supports & Services hosted our second Touch A Truck event on May 3rd at Community Partners at Crosby Road. There were about 30 families who attended and had a blast! Children and families got to explore vehicles and connect with community service workers, play games, enjoy snacks, socialize and connect with one another. Adult clients and staff from Community Partners also joined to play and explore. The event included fire trucks from the Dover Fire Department and Durham Fire Department, a cruiser from the Dover Police Department, a Dover Public Works dump truck, a Community Partners wheelchair van, the Community Partners Mobile Crisis Van, and a school bus! We are grateful for these supportive community volunteers who took time out of their day to help bring happiness to children and families and for the families for enjoying the event.



Thank you!



ESS IS ON FACEBOOK

Early Supports and Services
Community Connection

(a member only Facebook group page for ESS families)

Ask us to join!



Family Support Conference

*Saturday, August 3, 2024
More information on page 8
familysupportconference.com*

18 Fore Autism Golf Tournament

*Saturday, July 27, 2024
facebook.com/p/18-Fore-Autism*

Community Partners & Dover High School Transition Fair

*Dover High School
Saturday, September 28, 2024*

Back to School Event

*Thursday, August 22, 2024
More information on page 9*

Seacoast Science Center Event

*Ages 3-12
Wednesday, July 17, 2024; 11:00-1:30
More information will be sent out at the end of June*

Zoom event/Learn more about Project Search

*Thursday, June 13, 2024 at 5:00pm
More information on page 14*

Looking for a fun outing with your family?

*York's Wild Kingdom tickets available for you to purchase at a discount price.
If interested, please connect with Jessica Towle at (603)516-9300 or
jtowle@communitypartnersnh.org for prices and how to get the tickets.*





NEW HAMPSHIRE *Family Support Conference*

2024 New Hampshire Family Support Conference

August 3, 2024

Double Tree Convention Center, 700 Elm Street, Manchester, NH 03101

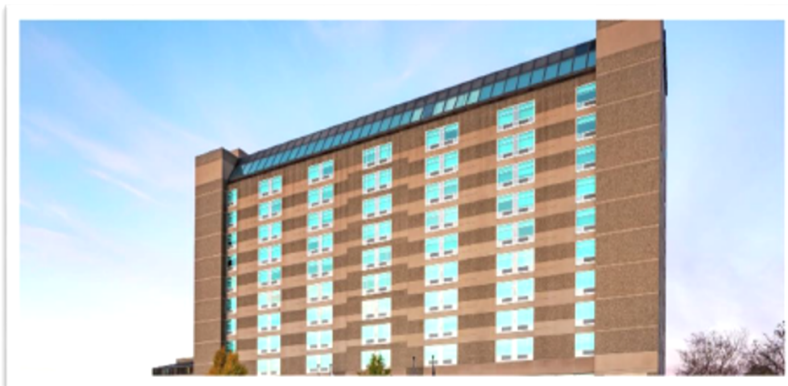
This year's Family Support Conference can be found by logging on to
familysupportconference.com

Please check out the conference website to view speakers, see agenda and activities for the weekend and registration information.

Strafford County Family Advisory Council has limited scholarships available for families at Community Partners to attend the conference that are on a first-come, first-served basis.

To learn more about the conference, apply for a scholarship, or register for the conference please contact Paula Fraser in Family Support at (603)516-9509 or pfraser@communitypartnersnh.org

➤ **Deadline to apply for scholarship is Monday, June 17, 2024**



Back to School Event



Join Family Support & Healthcare Coordination for our
Back to School summer gathering!
All Family Support & Healthcare Coordination families of all ages
are welcome to join us on August 22nd at Millennium Park.

Thursday, August 22, 2024
4:00-6:00pm
Millennium Park
99 Stackpole Road
Somersworth, NH 03878

Please note: No rain date
(an email will be sent on the morning of 8/22/24, if cancelled)

Community Partners will provide drinks, pizza, watermelon & ice cream.

RSVP: By Monday, August 12, 2024 to Paula Fraser at (603) 516-9509,
pfraser@communitypartnersnh.org



Get ready to order your favorite
popsicle or ice cream bar because
there will be an ice cream truck at
the event!

We will have a show at 5:00

Tricky Dick's Magic Show



Open house at Spectrum Connection



We moved!! Spectrum Connection has moved into our amazing new space at 353 High Street in Somersworth. We celebrated this with our open house and ribbon cutting ceremony on April 11, 2024. The Spectrum Connection team enjoyed introducing ourselves to the community, providing tours, and talking about how we help individuals with autism spectrum disorder through Applied Behavior Analysis (ABA). The event was well attended by members of the community, families, Community Partners' Board of Directors, and Community Partners' staff. Kids had fun playing with a variety of different toys, reading books, swinging, and jumping in the ball pit. New families interacted with some of our current families to share their experiences with Spectrum Connection, autism, and ABA.

Spectrum Connection provides Applied Behavior Analysis (ABA) to children with autism spectrum disorder from two years of age to eight years of age. We are a fee-for-service provider for children with behavioral challenges or developmental needs. Our services are typically funded by private insurance or Medicaid. Individualized programs are developed based on each learner's specific needs.

We focus on increasing behaviors that are helpful and decreasing behaviors that are harmful or severely impact learning. All interventions are individualized to the learner, and we emphasize teaching skills in a natural, fun environment. We can teach academic, social, communication, and daily living skills in ways that will have a direct, positive impact on the learner and their family.





Teen event at Hilltop Fun Center

The light rain did not stop us from having fun. Go-Karts, laser tag, mini golf, arcade and pizza!

What a fun afternoon at Hilltop Fun Center!




It was great to see everyone.



Extra Services

More information: dhhs.nh.gov/sites/g/files/ehbemb476/files/documents2/dmsform1060.pdf

MCM
Meet Your Health Plans

<div style="text-align: center;">  <p>AmeriHealth Caritas New Hampshire</p> </div> <p><i>Our promise, "Care is the heart of our work," shows our commitment to every member we are privileged to serve. Our mission is to help members get care, stay well, and build healthy communities.</i></p> <p><i>Extra benefits at no cost to you include:</i></p> <ul style="list-style-type: none"> • Dental care for adult members ages 21 and over Benefits include 2 annual cleanings, restorations and other treatments (some restrictions and limitations apply). • CARE Card Earn up to \$250 a year in CARE Card rewards for healthy activities.* • Car and booster seats for infants and children (up to \$210).* • Mission GED® Adult members receive up to \$125 toward HiSet exam costs.* • Six-month WW® (formerly Weight Watchers®) online membership (up to \$133).* • Bright Start® Access to our pregnancy care program including CARE card rewards for notifying us of your pregnancy.* <p><small>* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.</small></p>	<div style="text-align: center;">  <p>nh healthy families.</p> </div> <p><i>Our team lives and works in the communities we serve. We're local, so our members are our neighbors, friends and family. With more than 60 clinicians on staff, we meet each member wherever they are on their personal healthcare journey.</i></p> <p><i>Extra benefits at no cost to you include:</i></p> <ul style="list-style-type: none"> • My Health Pays™ Rewards Program Adults and children can earn up to \$250 a year just for healthy behaviors. Spend your reward dollars at Walmart® or use them to help pay your rent, utilities, dental co-pay and more!* • Start Smart for Your Baby® Pregnant and new moms get extra care and support. Earn \$100 in My Health Pays™ reward dollars just for telling us you're pregnant in your first trimester!* • Healthy Kids Club Program Educational program with fun activities for members 12 and under. • ConnectionsPLUS® Cell phones for those who need them. • Enhanced Transportation We will cover transportation to Alcoholics Anonymous and Narcotics Anonymous appointments. <p><small>* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.</small></p>	<div style="text-align: center;">  <p>WellSense HEALTH PLAN</p> </div> <p><i>Our mission is to help families and communities find paths to better health, no matter their circumstances. As a local, nonprofit health plan, we've spent the last 25 years supporting members throughout their health journeys.</i></p> <p><i>Extra benefits at no cost to you include:</i></p> <ul style="list-style-type: none"> • Dollar Rewards Program Earn up to \$250 in cash rewards for healthy activities to buy over-the-counter items at Walmart, Dollar General, CVS and more.* • Get Fit! Fitness Reimbursement Get up to \$100 back on WW® fees (formerly Weight Watchers®), \$200 back on health club memberships or up to \$100 back on a fitness tracker.* • Family First Safety Benefits Receive car seats, booster seats and bike helmets for infants and children on the plan (up to \$100 value).* • Diapers and Rewards for New Moms Get a box of diapers and dollar rewards for your postpartum visit (up to \$60 value).* • Sunny Start A program supporting expecting parents throughout pregnancy. <p><small>* Restrictions and limitations may apply. Earn up to \$250 in cash and non-cash goods and services each year.</small></p>
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NH Department of Health and Human Services
Division of Medicaid Services
DMS Form 1060
July 2022

Cycling with Northeast Passage



What a fun morning at Northeast Passage!

Lots of laughter, smiles, conversations, and sunshine!

Thank you to Northeast Passage and their amazing staff for letting us host an event at their location in Durham, NH.

If you were not able to attend the event; don't worry, we are hoping to host more events with Northeast Passage in the future.



Family Support Advisory Council We want to hear from you

The Family Support Advisory Council (FSAC) is a group of family members and individuals who currently receive services through Community Partners. They meet monthly to help guide the activities and priorities of the Family Support Team. In addition to the monthly meetings, some members may also choose to work with the Family Support Team to plan and coordinate events, activities, and workshops for families.

During the month of March, the council sent a Survey Monkey with questions for Family Support families to complete. Please take some time to answer the questions and if you do not get the survey by email or mail, please let us know.



We have some Summer Safety Bags

*For Family Support families with children ages of 3 & up.
Limited number of bags available are first come first served*

*Get ready for the summer with one of our summer safety bags.
Some examples of items in the bag are sunscreen lotion, bug spray, tick remover,
band aides, etc.*

If you are interested in receiving a bag, please connect with your service coordinator through the Healthcare Coordination or Family Support Department.



What is Project SEARCH?

Project SEARCH is a 9-month work training program for young adults with developmental and physical disabilities. Through a total workplace immersion, Project SEARCH facilitates a seamless combination of classroom instruction, career exploration, on-the-job training, and assistance pursuing entry-level placements.

The goal for each student is competitive, integrated employment.

Project SEARCH Seacoast NH is located at Portsmouth Regional Hospital and is one of five programs of its kind in NH. Community Partners, Portsmouth Regional Hospital, One Sky Community Services, and NH Vocational Rehabilitation collaborate to provide this unique opportunity to the NH seacoast region.

Internship Sites

Mail
Concierge
Tray line
Housekeeping
Clinical Equipment

Materials Management
Dish room
Dining Room Attendant
Warehouse

Minimal Requirements Prior To Application

Age range 18-34 (over 34 still encouraged to apply)
Must have Medicaid and are or can be open for the DD Waiver.
Must have a current application with VR or are receiving active services with NHVR.

Cassandra Poulis

Project SEARCH Instructor

cpoulis@communitypartnersnh.org

Carla Smith

Project SEARCH Project Manager

carsmith@communitypartnersnh.org



Sign up to learn more about Project

Project Search

Join us to learn more about this great program!

Zoom event

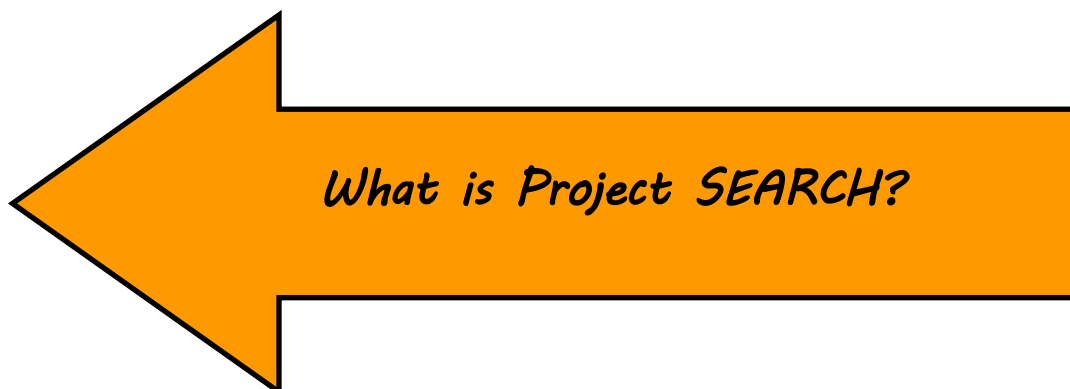
June 13, 2024

Starts at 5:00pm

Carla Smith, Project Search Project Manager, will talk more about the program and answer any questions that you may have.

Please rsvp to Paula Fraser by June 11, 2024 at pfraser@communitypartnersnh.org or (603) 516-9509

A zoom invite will be emailed on the day of the event.





Community Partners

113 Crosby Road; Suite 1

Dover, NH 03820

Editors: Family Support Department

RETURN SERVICE REQUESTED

The Family Support Raffle

Let us know what you like about our newsletter and we will enter your response in our raffle for a \$35.00 Market Basket card.

Return this form by mail or email to:

*Paula Fraser; Community Partners, 113 Crosby Rd; Suite 1, Dover, NH 03820 or
pfraser@communitypartnersnh.org*

Client's and parent/caregiver's name: _____ Telephone: _____

Address: _____

Email: _____

Feedback about our newsletter _____

Enter by 07/15/2024: This contest is only open to our eligible Family Support families who receive this newsletter.