

VOLUNTEER AT COMMUNITY PARTNERS!

Community Partners is a non-profit organization providing services for adults with a developmental disability, and is the state-designated provider of community mental health and developmental services for Strafford County. Our volunteer program creates opportunities for volunteers from the community and the consumers we serve to establish one-on-one friendships, explore new experiences, enjoy civic and volunteer activities, and learn new skills. The goal of the volunteer program is to help our consumers become more involved in their communities.

Volunteering Opportunities

When you volunteer at Community Partners, you bring new and creative ideas, your own special skills and experiences, and a genuine concern for the participants in our programs. You can volunteer for a one-time activity or multiple times per month.

Community Connectors

Community Connector volunteers are paired with a consumer to spend time as a companion in a one-to-one community-based activity. Volunteers meet with their companion a minimum of 4 times per month to accompany them to a shared activity.

Sample Community Connectors Volunteer Activities

- Volunteer for an organization
- Learn to take the bus
- Take a class
- Engage in a recreational activity
- Enable a consumer to join your club

Volunteer Instructors

Volunteer Instructors share their expertise and knowledge with a group of consumers interested in learning a new skill. Activities can be taught during a one-time class or can take place over a period of weeks.

Special Event Volunteers

Special Event volunteers assist the organization with special events throughout the year; often they are one-time or annual activities.

Sample Special Event Volunteer Activities

- Assist with a consumer outing
- Assist with Special Olympics practices and games
- Volunteer at Red's Road Race

Sample Volunteer Instructor Activities

- Arts & Crafts
- Photography
- Nutrition & Wellness
- Exercise (Yoga, Pilates, Walking)
- Reading, Book Club

Why Volunteer for Community Partners?

Volunteering at Community Partners offers you a unique opportunity to provide invaluable support to our consumers, and enjoy the satisfaction of knowing that your time has a direct positive influence, and makes a real difference in people's lives. From simple socialization to conducting a group activity, your hands-on support and involvement helps our consumers maximize their life experiences.

Benefits of Volunteering Include:

- Feel good knowing you are making a difference in your community
- Gain confidence and enhance your leadership skills
- Challenge your mind
- Meet volunteer requirement hours for school or community organization credit
- Have fun!

How Do I Become a Volunteer at Community Partners?

1. Contact Human Resources Director Carolyn Foster at 603-516-9300 for more information.
2. Interview with the appropriate program coordinator/manager.
3. Volunteer references & required records check performed
4. Volunteer orientation
5. Volunteer placement

Note: Volunteers must be at least 18 years old to meet the minimum volunteer age requirement.

What About Contributions in place of Volunteering?

If you'd like to help Community Partners fulfill its important mission but are unable to volunteer, you are welcome to make a monetary or in-kind contribution to the agency.

Tax deductible contributions help to support Community Partners in many ways. Monetary donations play a vital role in the Agency's ability to provide essential services and programming to our consumers, such as dental care and art and recreation programs.

Individuals and community service groups can make contributions, and volunteers can organize fundraising activities, with the proceeds benefiting the agency program of their choice.

You can make a secure online donation on our [Donate](#) page.

In-kind donations such as art supplies, office supplies, books and recreational equipment are always welcome. If you'd like to make an in-kind donation, please contact Pamela Becker, Development and Community Relations Coordinator at 603-516-9300.